



PERFORM TRAIN



Participate in workshop, performance, ensemble and community work, artistic, spiritual and healing retreats, writing seminars and research expeditions organized from Imalis' base at the historic site of Epidauros, Greece.

Oh, and of course you can also relax and enjoy the sun, the sea and the beauty of Ancient Epidauros.

Only 1:45' from Athens International Airport... Join us for a unique and historical experiment in the arts, sciences and politics of Ancient Greek Theater!



The IMALIS Project

An initiative of the House of Neuse
Under the aegis of the Township Of Epidauros, Greece
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WORKSHOP IN EPIDAUROS GREECE

STAGE PRACTICES OF ANCIENT THEATER

Acting - Directing - Voice - Movement - Music - Language

Approaches to the performance and staging of Ancient Greek Plays taught on site by internationally recognized master instructors, scholars & artists. Open to all theater practitioners: students, professionals & amateurs alike. A unique collaborative framework offering full immersion artistic retreats, academic conferences and research facilities for the exploration of ancient performance traditions.

SEPTEMBER — OCTOBER 2011

www.epidaurustheater.org



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Located in immediate proximity and with direct access to the two ancient theaters of Epidauros, Imalis represents the first attempt to bring together their dual function as artistic and healing centers since ancient times. Imalis is an international research and training center dedicated to the arts of Ancient Greek Theater and their revival as an integral living tradition. Through the creation of workshop laboratories offered on site by master teachers of international repute, participants from all walks of life, seasonal guests as much as local citizens, artists, students and professionals benefit equally from highly structured, intensive yet accessible learning contexts offered within a unique natural and historical setting.

Our 2011 series titled “Shed the skin, trace the path, set the post” is an open invitation to all practitioners and students of the ancient stage of all levels wishing to discover the arts of ancient drama. Start at the beginning with that first, most primordial gesture of the performer: that gesture by which we shed or peel away a part of our selves in order to create a new space and touch others.

2011 represents the soft-launch of our yearly workshop-production series. This will be the spine of our activities, allowing Imalis to operate as an independent, self-sustaining entity open to all, regardless of race, creed, social or educational status. As an international network partnered and operating locally with the township of Epidaurus, Imalis is also an important project in local development unique to its kind.

All workshop-laboratories include work in the ancient spaces and some live musical support. Visit our web-site for further details and pricings.

Workshop 1

Voice & Energy-Body of the Ancient Actor



Exploring tone, tongue and inner action of the role in Euripides' *Orestes*.

With Vasilios Arabos, Dimitris Lekkas, Imalis Ensemble.

Dates

Week 1 29 Aug - 03 Sept

Week2 05 Sept - 11 Sept

7 hrs/day, registrations for first week or both weeks.



The keys of ancient poetics are used to condition the actor to the formal demands of prosody, ancient solfège & amphitheater. Integrating vocal release, sensory work, scene study, textual & linguistic breakdown, and breath-rhythm & modal intonation (classic, byzantine & demotic Greek song), participants are led to the discovery of the action of the role as a singular tonal-state/energy-stream.

Workshop 2

Making the Body All Eyes



Psycho-physical approaches to the performance of Ancient Hellenic Theater.

With Phillip Zarrilli, Vasilios Arabos, Imalis Ensemble.

Dates

Week 1 12 Sept - 17 Sept

Week2 19 Sept - 25 Sept

7 hrs/day, registrations are for first week or both weeks.



Based on Stanislavsky, Artaud, Grotowski: development of body-mind connection, ‘inner action’ of the role as vibration/resonance, & performance as personal “metaphysics.” Pre-expressivity training through kalaripayattu, yoga & taiquan. Exploration of energy practices, embodied states of Ancient Greek Theater & structured improvisations of Euripides' *Orestes*. Prosody & spatial awareness.

Workshop 3

Dance the Tragic Figure



Butoh as foundation for movement and exploration of ancient roles.

With Atsushi Takenouchi, Aimilia Bouriti, Imalis Ens.

Dates

Week 1 25 Sept - 03 Oct

8 hrs/day, registration is for entirety of the workshop.



Jinen Butoh will be used as an approach to the Orphic dimensions of Ancient Greek Theater as sacred art-form. Exploration of the role as an act of healing & remembrance for rejected beings through the “song & dance of the goat.” Exploration of body, breath, and inner/outer movement process for the construction of role, mask and vocal work. Prosody as poetics of sound and the body in space.

Workshop 4

Bio-mechanics & the Music of Movement



Preparing for mask and role in Euripides' *Orestes*.

With Gennadi Bogdanov, Vasilios Arabos, Imalis Ens.

Dates

Week 1 03 Oct - 09 Oct

Week2 11 Oct - 16 Oct

7 hrs/day, registrations are for first week or both weeks.



Acting foundations of Meyerhold's “Conditional Theater” for unifying mask, verse and space into a total performance proposition. We examine bio-mechanics approaches (acting cycle, étude, daktyl) & the breakdown of action for specific roles and monologues to capture and set the rhythm, tone & energy of the action. To achieve the “point near song” thru the “music of plastic movement.”